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### Informed Consent for Oral Sedation

Valium (diazepam) and Halcion (triazolam) are medications that can greatly minimize anxiety and stress that may be associated with going to the dentist. In a relaxed state, you will still be able to communicate with the dentist while treatment is being performed. Even though it is safe, effective, and wears off after the dental visit, you should be aware of some important precautions and considerations.

1. This consent form and all other paperwork should be signed before you take the medication.
2. The onset of diazepam or triazolam can be as fast as 30 minutes. Do not drive after you have taken the medication. The peak effect occurs between 2 and 3 hours. After that, it starts wearing off and most people feel normal after 6 to 8 hours. For safety reasons and because people react differently, you should not drive or operate machinery the remainder of the day. Wait until tomorrow.
3. **You must have someone drive you to and from your appointment.** If you cannot arrange a ride, you cannot take the medications, no exceptions.
4. This medication should not be used if:
  - A. you are hypersensitive to benzodiazepines (Xanax, Ativan, Versed, Halcion, etc.)
  - B. you are pregnant or breast feeding
  - C. you have liver or kidney disease
  - D. you have a history of drug and/or alcohol abuse
5. Tell the doctor if you are taking any medications—either by prescription or over-the-counter. Of course, taking recreational/illicit drugs can also cause unwanted and unexpected reactions.
6. Side effects may include light-headedness, headache, dizziness, visual disturbances, amnesia, and nausea. In some people, oral diazepam or triazolam may not work as desired.
7. You should not eat heavily prior to your appointment. You may take the medication with a small amount of food, such as juice, toast, etc. Taking it with too much food can make absorption into your system unpredictable.
8. On the way home from the office, your seat in the car should be in the reclined position. When at home, lie down with your head slightly elevated. Someone should stay with you for the next several hours because of possible disorientation and possible injury from falling.

I understand these considerations and am willing to abide by the conditions stated above. I have had an opportunity to ask questions and have had them answered to my satisfaction.

Signed (patient) : \_\_\_\_\_

Date : \_\_\_\_\_